

Scalp Care

The soft spot on your baby's head is called the Anterior Fontanel. It is the area where the skull bones have not yet fused and is covered by a thick tissue which protects the brain underneath. If you notice the spot pulsating, this is normal.

“Cradle Cap,” also called seborrheic dermatitis, is a common scalp condition which appears as scaly patches on the scalp. Washing your baby's hair and brushing with a soft brush (toothbrush) may help. Don't be afraid to shampoo the hair with mild baby shampoo. If this does not help, using a small amount of anti-dandruff shampoo (containing sulfur and 2% salicylic acid) one to two times per week may help. After applying the shampoo, brush the hair with a soft brush or toothbrush then rinse. Be careful not to get shampoo in the baby's eyes. You can also try using baby oil on your baby's scalp for cradle cap. If you decide to use baby oil, use only a small amount. Rub it into the scales, then shampoo and brush it. Once the condition has improved, frequent hair washing with mild baby shampoo can prevent it from recurring. If these measures do not help, or the rash spreads to your baby's face or neck, or you have any questions, please call us.